

SIGNS TO LOOK OUT FOR

Children who are being bullied may show changes in behaviour such as:-

- **Be unwilling to go to school**
- **Become withdrawn, lacking in confidence**
- **Start to under-perform in their school work**
- **Have unexplained bruises, scratches or cuts**
- **Come home with personal items damaged**
- **Be unwilling to talk about what is wrong**

IF YOU SUSPECT YOUR CHILD IS BEING BULLIED

- **Talk to them** try to find out what is happening.
- **Support them** tell them that they've done the right thing.
- **Suggest how they can help themselves** stand tall and say 'NO, I don't like it when you do that', avoid the bully, stay with friends.
- **Please do not** tell them to fight back. This is only likely to make the bullying worse and may end up with your child being in trouble.
- **Make an appointment** to see someone in school.
- **Support the school** we want to stop the bullying. The best way to do this is together.
- **Be understanding** bullying can be complex. For example 20% of 'bullies' have been bullied themselves. It can take time to stop a pattern of behaviour.

Where to turn for help



Watercliffe Meadow

Boynton Road, Sheffield, S5 7HL.

Telephone 0114 232 6603

Email: office@watercliffe.sheffield.sch.uk

Head Teacher Ian Read

Head of School Claire Bradley

Senior Learning Mentor Jayne Senior

Learning Mentors Danielle Mullen, Andy Campsill

Chair of Governors Lee Hilton-Brammer

USEFUL TELEPHONE NUMBERS

Parentline 0808 800 2222

Police 101

Sheffield Young Peoples Substance Misuse Service 275 2051

Childline 0800 1111



Watercliffe Meadow

ANTI-BULLYING GUIDE

Working to Promote Positive Behaviour

