



20<sup>th</sup> January 2026

Dear Families of Y4,

## **Swimming Lessons – February 2026**

Y4 children will start their swimming lessons on Tuesday 10<sup>th</sup> February 2026. Lessons will take place at Hillsborough Leisure Centre every Tuesday until 7<sup>th</sup> July. This is a fantastic opportunity for the children and all the costs for transport, pool access and swimming instructors has been paid for by school and there is no charge to parents. Pupils will be accompanied by school staff at all times, and they will be taught by qualified swimming instructors supported by our staff.

Swimming lessons are part of the national curriculum and also a valuable life-skill, and all children in Y4 are expected to take part. As we will be travelling to the swimming pool by coach, we need your permission for this, and we also need your permission to share your child's data (including medical data) with Swimphony, which is a monitoring tool specifically for school swimming and provided by the Local Authority. Swimphony have asked us to start to collect this data now.

We would like you to give consent for this visit using the School Gateway app. This will show under the payments option but is zero cost. You will still need to go to basket and select pay but you will not be charged.

Pupils will need to wear appropriate swimwear (bikinis/shorts below the knee/cut-off jeans, underwear and heavy materials are not acceptable). If pupils are required to wear long sleeve tops and leggings then these must be lightweight and swim wear i.e., costume must be worn underneath or on top.

The swimming pool request that girls wear a one-piece swimming costume and boys wear swimming shorts that end above the knee. Each child will need their own towel and we encourage them to pack a healthy snack for afterwards, as they will be missing social time.

Pupils should not wear goggles unless there is a medical reason. If this applies to your child, please see your child's class teacher for a permission slip. Pupils will not be allowed to wear goggles unless the slip is signed by a parent.

If you wish your child to wear a swimming cap, please ensure they can put it on independently or with minimal help from an adult. No jewellery is allowed to be worn which means that if your child wears earrings they must be able to remove these.

If you have any further questions about swimming, please speak to your child's teacher who will be able to answer any queries you may have.

Thank you for your support.

Yours sincerely

Y4 Team

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